Sir Thomas Wharton Academy

Delivering exceptional learning experiences that enable all young people to thrive in a competitive world and lead successful and fulfilling lives.

THE HIGHEST STANDARDS
Always set and deliver the highest standards; never settle for less.

INVEST TO ACHIEVE
Care about the now; create the very best for your future.

EVERYONE IS VALUED
We are unique individuals working together to be the best.

NO EXCUSES
Create solutions, not excuses.

NEVER GIVE UP
Resilience is essential; self-belief drives improvement.

CULTIVATE YOUR CHARACTER
Qualifications open doors; your character gets you through them.

BTEC Tech Sport Year 11 2023-2024

Half Term 1	Week 0	Week 1	Week 2	Week 3	Week 4- LC1	Week 5	Week 6	Week 7	Holiday
		C3 LOC Requirements for each of the following fitness training methods							

Half Term 2	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15- LC2	Holiday
	C3 LOC Requirements for each of the following fitness training methods	Revision	Trial Examinations		CTG	**C3 LOD** Investigate fitness programming to improve fitness and sports performance			

Half Term 3	Week 16	Week 17	Week 18	Week 19	Week 20	Holiday
	Revision		Estimated Assessment date	Component 1 and 2 Re-sit prep		

Half Term 4	Week 21	Week 22	Week 23	Week 24	Week 25	Week 26	Holiday
		Trial Examinations					

Half Term 5	Week 27- LC3	Week 28	Week 29	Week 30	Week 31	Week 32	Holiday
				Final Examinations			

Half Term 6	Week 33	Week 34	Week 35	Week 36	Week 37	Week 38	Week 39
	Final Examinations						

How does this year deliver your curriculum intent?	This year continues with component C, that started in year 10 and develops knowledge in prerperation for the external examination in January. The course allows students to deepen their theoretical understanding of how to determine their own and others' fitness levels and this enables students to develop their confidence, resilience and independence throughout each component. This year's course content equips students with lifelong skills that will lead to a healthy lifestyle that promotes mental and physical wellbeing and consequently promotes a love for physical activity and a desire to keep active in the future.