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| <p><b>THE HIGHEST STANDARDS</b></p> <p>Always set and deliver the highest standards: never settle for less.</p> | <p><b>INVEST TO ACHIEVE</b></p> <p>Care about the now; create the very best for your future.</p> | <p><b>EVERYONE IS VALUED</b></p> <p>We are unique individuals working together to be the best.</p> | <p><b>NO EXCUSES</b></p> <p>Create solutions, not excuses.</p> | <p><b>NEVER GIVE UP</b></p> <p>Resilience is essential; self-belief drives improvement.</p> | <p><b>CULTIVATE YOUR CHARACTER</b></p> <p>Qualifications open doors; your character gets you through them.</p> |
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## Life Skills Year 10 (Lesson Time)

|                    | Week 0                                     | Week 1                   | Week 2                  | Week 3                            | Week 4                          | Week 5             | Week 6       | Week 7             | Week 8  |
|--------------------|--|--------------------------|-------------------------|-----------------------------------|---------------------------------|--------------------|--------------|--------------------|---------|
| <b>Half Term 1</b> |  | Positive Role Models     | Equality Act            | Gender Prejudice                  | Men and Women in Religion       | Fertility          | Abortion     | Illegal substances | Alcohol |
| <b>Half Term 2</b> | Week 9                                     | Week 10                  | Week 11                 | Week 12                           | Week 13                         | Week 14            | Week 15      | Holiday            |         |
|                    | Exploitation in relationships              |                          | Organ donation          | Cancer awareness                  | Images                          |                    | County Lines |                    |         |
| <b>Half Term 3</b> | Week 16                                    | Week 17                  | Week 18                 | Week 19                           | Week 20                         | Week 21            | Holiday      |                    |         |
|                    | Extremism                                  | Sleep, Diet and Exercise | Exam Stress             | Jesy Nelson - Odd one Out         |                                 | Mental Health Week |              |                    |         |
| <b>Half Term 4</b> | Week 22                                    | Week 23                  | Week 24                 | Week 25                           | Week 26                         | Holiday            |              |                    |         |
|                    | Unhealthy coping strategies                | Careers Week             |                         | Roman Kemp - Our silent Emergency |                                 |                    |              |                    |         |
| <b>Half Term 5</b> | Week 27                                    | Week 28                  | Week 29                 | Week 30                           | Week 31                         | Week 32            | Holiday      |                    |         |
|                    | Cosmetic procedures and body modifications |                          | Unhealthy relationships | Harassment and Stalking           | Sex on Trial (rape and consent) |                    |              |                    |         |
| <b>Half Term 6</b> | Week 33                                    | Week 34                  | Week 35                 | Week 36                           | Week 37                         | Week 38            | Week 39      |                    |         |
|                    | Doncaster Lifestyle Survey                 |                          | Gambling                | Trial Examinations                |                                 | Work Experience    | Parenting    |                    |         |

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| <p>How does this year deliver your curriculum intent?</p> | <p>As students embark on their KS4 Life Skills curriculum, they will build on their existing knowledge of relationships to explore how relationships are impacted by the online world, exploitation, gender and religion. This study is also complemented by a focus on how to maintain a healthy lifestyle, including mental health, the impact of drugs and alcohol, as well as contraception, fertility and pregnancy. In addition, students delve deeper into the world of careers in preparation for undertaking work experience in their chosen field.</p> |
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