

MMC/GHR

3<sup>rd</sup> April 2022

Dear Parent/Carer

On Friday 1<sup>st</sup> April the government released further guidance regarding COVID-19 restrictions. This guidance comes into effect from Friday 1<sup>st</sup> April 2022. New guidelines state:

Free COVID-19 tests are no longer available, other than for specific groups including NHS staff and eligible patients. Therefore, we are no longer able to order or distribute COVID-19 testing kits. Asymptomatic adults and students are no longer required to LFD test.

Adults with the symptoms of a respiratory infection, and who have a high temperature or feel unwell, should try to stay at home and avoid contact with other people until they feel well enough to resume normal activities and they no longer have a high temperature.

Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend.

Adults with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 5 days, which is when they are most infectious. For children and young people aged 18 and under, the advice will be 3 days. As mentioned above, asymptomatic adults and students are no longer required to LFD test.

It is no longer a requirement for adults or students to provide 2 negative LFD tests prior to returning to school or to wait for 10 days. To be clear, following a positive COVID-19 test, adults are advised to stay home for 5 days, and students are advised to stay home for 3 days.

Guidance also still encourages continued use of hygiene measures including regular hand washing/sanitising, covering the mouth and nose when coughing or sneezing, and regularly cleaning surfaces.

Thank you once again for your support.

Yours sincerely



Mr M McDonald  
Principal