

**Key Stage 4 Physics - Lesson Sequencing**  
**Bold denotes: Additional Separate Science Lessons**

**Year 9**

<b>P1 Conservation and dissipation of energy</b>
Energy stores and transfers
Energy and work
G.P.E Stores
K.E Stores
Elastic energy stores
Efficiency
Energy and power

<b>P2 Energy transfer by heating</b>
Conduction
<b>Convection (enrichment)</b>
<b>Infrared radiation</b>
<b>Infrared radiation (Required P)</b>
Specific heat capacity (maths)
Specific heat capacity (Required P)
Reducing unwanted energy transfer
<b>Thermal insulation (Required P)</b>

<b>P3 Energy resources</b>
Energy demands

<b>P4 Electric circuits</b>
<b>Static electricity</b>
<b>Electric fields</b>
Circuit symbols and simple circuits
Charge and current
Voltage
Resistance and Ohm's law
Resistance in a wire (Required P)
Resistance profiles (Required P)
Properties of series and parallel
Resistance in series and parallel (Required P)

<b>P5 Electricity in the home</b>
AC/DC
Plugs and safety
Electrical power

<b>P6 Molecules and matter</b>
Density
Density (Required P)
States of matter
Changes of state
Internal energy
Specific latent heat
Gas pressure and temperature
<b>Gas pressure and volume</b>

**Year 10**

<b>P7 Radioactivity</b>
Atoms and radiation
The discovery of the nucleus
Alpha, beta, gamma
Decay equations
Activity and half life
<b>Nuclear radiation in medicine</b>
<b>Nuclear fission</b>
<b>Nuclear fusion</b>
<b>Nuclear issues</b>

<b>P8 Forces in action</b>
Vectors and scalars
Resultant forces
The parallelogram of forces
Resolution of forces
Newtons third law
Centre of mass
<b>Moments and equilibrium</b>
<b>Levers and gears</b>

<b>P9 Motion</b>
Speed and velocity
Acceleration
D-T graphs
V-T graphs
Weight
Terminal velocity
Forces and acceleration
Acceleration (Required P)

<b>P10 Forces and motion</b>
Stopping distance
Momentum
<b>Conservation of momentum</b>
<b>Impact forces</b>
Hooke's law
Hooke's law

<b>P11 Force and surfaces</b>
<b>Pressure and surfaces</b>
<b>Pressure in a liquid</b>
<b>Atmospheric pressure</b>
<b>Upthrust and flotation</b>

<b>P12 Wave properties</b>
Transverse and longitudinal waves
Wave properties
Waves Ripple tank (Required P)
Waves on a string (Required P)
<b>Sound waves</b>
Speed of sound
<b>Ultrasound</b>
<b>Seismic waves</b>

**Year 11**

<b>P13 Electromagnetic waves</b>
Types of EM wave
Properties of EM waves
Communications

<b>P14 Light</b>
<b>Reflection of light</b>
<b>Refraction of light</b>
<b>Refraction of light (Required P)</b>
<b>Light and colour</b>
<b>Lenses</b>
<b>Ray diagrams</b>
<b>Magnification</b>

<b>P15 Electromagnetism</b>
Magnets and magnetic fields
Electromagnets
<b>Uses of electromagnets</b>
The motor effect
<b>AC generator effect</b>
<b>Transformers</b>
<b>Transformers in action</b>

<b>P16 Space</b>
<b>Formation of solar system</b>
<b>Life cycle of a star</b>
<b>Orbits</b>
<b>Expanding universe</b>
<b>Big bang and future of universe</b>

**Key Stage 4 Biology - Lesson Sequencing**  
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**Year 9**

<b>B1 Cell Biology</b>
Plant and Animal Cells
Microscopes
Magnification Calculations
Microscope (Required Practical)
Specialised Cells
Eukaryotic Prokaryotic Cells
Diffusion theory
Osmosis theory
Osmosis (Required Practical) - (Planning)
Osmosis (Required Practical) - (Practical and Conclusion)
Osmosis in Plants and Animal Cells
Active Transport
Mitosis
Stem Cells

<b>B2 Organisation</b>
Tissues and Organs
Structure and Function of Digestive system
Chemistry in Food (Polymers and monomers)
Food Tests 1 (Starch and Sugar)
Food Tests 2 (Protein and Lipids)
Enzyme (Lock and Key Theory)
Enzymes in Digestion
Effect of temperature on enzyme (Planning)
Effect of temperature on enzyme (Pract & conc)
Blood
Circulatory System and Blood Vessels
Structure of Heart (Possible Dissection)
Coronary heart Disease
Respiratory System (Breathing)
Structure of Alveoli (Gas Exchange)
Plant Leaf Structure
Xylem, Phloem and Transpiration
Rates of Transpiration (Demo Potometer)
Stomal Density (Practical)

<b>B3 Disease</b>
Pathogens and how they Spread
Treating pathogens
Bacteria, Virus and Fungus
Protozoa
Primary Defences
Immune System
Vaccines
Antibiotics and Pain Killers
<b>Culturing Bacteria</b>
<b>Culturing Bacteria (Required Practical)</b>
Development of Drugs
<b>Monoclonal Antibodies</b>
Plant Disease and Defences
Noncommunicable Diseases
Smoking
Diet

**Year 10**

<b>B4 Bioenergetics</b>
Photosynthesis
Uses of glucose
Testing a leaf for starch
Limiting Factors of Photosynthesis
Photosynthesis (Required Practical) – (Planning)
Photosynthesis (Required Practical) – (Practical)
Photosynthesis (Required Practical) – (Conclusion)
Aerobic Respiration
Aerobic Respiration and Exercise
Anaerobic Respiration and Exercise
Anaerobic Respiration in other organisms
Metabolism

<b>B5 Homeostasis</b>
What is Homeostasis (Intro)
Nervous System
Reflex Arc
Reaction Times (Required Practical)
<b>The Brain</b>
<b>The eye and its problems</b>
Endocrine System
Glucose Control and Diabetes
(HIGHER ONLY) Negative Feedback
Menstrual Cycle
Contraception
(HIGHER ONLY) Infertility Treatment
<b>Controlling body temperature</b>
<b>Removal Of Waste</b>
<b>Kidneys</b>
<b>Kidneys and Water Control (ADH)</b>
<b>Kidney Transplants and Dialysis</b>
<b>Plant Hormone Practical (Germination)</b>

<b>B6 Inheritance, Variation and Evolution</b>
Sexual and Asexual Reproduction
Meiosis and determining gender
<b>Reproduction of Fungi, Plants and Parasites</b>
DNA and the Human Genome
<b>Protein Synthesis</b>
<b>Gene expression and Mutation</b>
Punnett Squares
Pedigree Diagrams
Genetic Disorders
Variation
Selective Breeding
Genetic Engineering
<b>Cloning</b>
Evolution and Natural Selection
Evidence for Evolution and extinction
Evidence for Antibiotic Resistance
Classification

**Year 11**

<b>B7 Ecology</b>
Communities, Biotic and Abiotic Factors
Food Chains and Predator Prey Diagrams
Adaptations
Distributions of Organisms - Quadrat and Transects
Quadrat and Transects (Required Practical)
Quadrat and Transects – Conclusions and questions
Carbon and Water Cycle
<b>Rates of Decay</b>
Biodiversity
Waste Management – Pollution and acid rain
Global Warming - Deforestation and peat bogs
<b>Trophic Levels and biomass</b>
<b>Food production and Security</b>
<b>Sustainable Food Production</b>

## Key Stage 4 Chemistry - Lesson Sequencing

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### Year 9

<b>C1 Atomic Structure</b>
Atoms
Chemical Equations
Separating Techniques
Distillation
Chromatography
History of the Atom
Electronic Structures
Ion Formation
Isotopes

<b>C2 The Periodic Table</b>
Development of the Periodic Table
Periodic Table and Noble Gases
Group 1 Metals
Group 1 - Trends
Group 7
Group 7 - Trends
<b>Transition Metals</b>

<b>C3 Structure and Bonding</b>
States of matter
Atoms into ions
Ionic bonding
Giant ionic structures
Covalent bonding
Structure of simple molecules
Giant Covalent structures
Fullerenes and graphene
Bonding in metals
Giant metallic structures
Polymers
<b>Nanoparticles</b>

<b>C4 Chemical Calculations</b>
Relative masses and moles
Equations and calculations
Chemical calculations
<b>Limiting Reactants</b>
<b>Percentage Yield and Atom economy</b>
Concentration
<b>Titrations (Required P)</b>
<b>Gas Volumes</b>

### Year 10

<b>C5 Chemical Changes</b>
The reactivity series
Displacement reactions
Extracting metals
Salts from metals
Salts from insoluble bases <b>(Required P)</b>
Making more salts
Neutralisation and the pH scale
Strong and weak acids

<b>C6 Electrolysis</b>
Introduction to electrolysis
Electrolysis of Molten Compounds
The extraction of aluminium
Electrolysis of aqueous solutions
Electrolysis <b>(Required P)</b>
Half Equations

<b>C7 Energy Changes</b>
Exothermic reactions
Endothermic reactions
Energy Changes
Energy Level Diagrams
Bond energy calculations
<b>Chemical cells and batteries</b>
<b>Fuel cells</b>

<b>C8 Rates and Equilibrium</b>
Rate of reaction
Collision theory
Effect of temperature
Effect of concentration <b>(Required P)</b>
Effect of surface area
Catalysts
Reversible reactions
Equilibrium and Altering Conditions

<b>C9 Crude oil and fuels</b>
Hydrocarbons
Fractional distillation of oil
Burning hydrocarbon fuels
Cracking Hydrocarbons

<b>C10 Organic Reactions</b>
<b>Reactions of alkenes</b>
<b>Structures and uses of alcohols</b>
<b>Structures and uses of carboxylic Acids</b>
<b>Structures and uses of Esters</b>

<b>C11 Polymers</b>
<b>Addition polymerisation</b>
<b>Condensation polymerisation</b>
<b>Natural Polymers and DNA</b>

### Year 11

<b>C12 Chemical Analysis</b>
Pure substances and mixtures
Analysing chromatograms <b>(Required P)</b>
Testing for gases
<b>Tests for positive ions</b>
<b>Tests for negative ions (Required P)</b>
<b>Tests for ions (Required P)</b>
<b>Instrumental analysis</b>

<b>C13 The Earth's Atmosphere</b>
History of our atmosphere
Our evolving atmosphere
Greenhouse gases
Global climate change
Atmospheric pollution

<b>C14 The Earth's Resources</b>
Finite and Renewable Resources
Water safe to drink <b>(Required P)</b>
Treating Waste Water
Extracting metals from ores
Life cycle assessments
Reduce, reuse and recycle

<b>C15 Using Resources</b>
<b>Rusting</b>
<b>Useful alloys</b>
<b>Ceramics, Polymers and Composites</b>
<b>Making ammonia - the Haber process</b>
<b>Fertilizers</b>